



Spinal Cord Injury (SCI) Patient's View towards Halfway Hostel after Completing Institute Based Rehabilitation (IBR) at CRP

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Abstract

Introduction: Spinal cord injury (SCI) is a major public health problem in Bangladesh. Community re-integration program at a halfway hostel during Institute Based Rehabilitation (IBR) enhances the quality of life for people with physical disabilities to build the confidence of the SCI persons and their family members. So that when they will be at home, they will manage themselves without the support of professionals. Thus the study will be remarkable to express clients' views for further meaningful halfway hostels to the further clients.

Objective: To find out the client's ideas, needs, expectations, opinions, and recommendations towards the halfway hostel of CRP.

Methodology: The study used qualitative design, semi-structured, and face-to-face interviews. Ten (10) participants who met the inclusion criteria also suffer from both tetraplegia and paraplegia clients, and finished indoor phase treatment of the SCI unit in CRP.

Result and discussion: The upshots were presented by performing the coding system of the data and the nine (9) main themes were produced, these were treatment taken at CRP indoors, duration of staying at the halfway hostel, expectations on the treatment facilities of the halfway hostel, treatment taken at the halfway hostel, necessity of halfway hostel, an overall idea about the halfway hostel, differences between indoor and halfway hostel, client's suggestion about halfway hostel.

Recommendation and conclusion: Though the study adequately explained the client's view, ideas, expectations, needs, and opinions were met. Although the halfway hostel is a new facility in the Bangladeshi hospital setting the clients were getting its service and therefore, they were highly satisfied with it. The study is sufficiently able to recommend some measures to be taken up to bring in some arrangements in halfway hostels for clients to meet their needs and expectations, fully for gaining community integration again.

Keywords: Spinal Cord Injury, Patients View, Halfway Hostel, Institute Based Rehabilitation

Introduction

The World Health Organization (WHO) statistics that 15% of the whole population of developing countries were disabled and Bangladesh appears to be no exception. [1] Moreover, Bangladesh is the least developing country in the world. Around the world, every year 250 000 to 500 000 people suffer a spinal cord injury (SCI). [2] In Bangladesh, maximum people are illiterate, they even don't know about the spinal cord and maximum people are poor. [3] For earning money and their livelihood, they involve themselves in different types of risky jobs like carrying heavy loads on their heads, construction of a building, traveling on a very crowded bus leads to occur high percentage of falls from height, fall weight heavy leads on the head, traffic accidents, and other unexpected accidents. [4] Literature shows that there were three main causes of injury, 43% resulted from a fall from a height such as a tree, 20% were associated with falling while carrying a heavy lead on the head common practice in Bangladesh 18% were the result of road traffic accidents, 6% formed a very diverse group which included assault, stab injury, and bull attack. [5]

In traumatic cases, patients presented with paraplegia are 79.75% and tetraplegia at 20.25%. The male and female

ratio was 9:1 and the common age group was between 10-40 years. [6] SCI varies with sex, race, and age, being influenced by the activities and hazards prevalent in each population. [7] The Government of Bangladesh and several non-government organizations (NGOs) were working with disability including SCI. [8] But there is no special center for spinal cord injury in the Government sector. Center for the Rehabilitation of the Paralyzed (CRP) only organization which provide therapeutic and rehabilitation service for SCI patients to achieve community re-integration with the maximum possible level of functional independence and return to the community. [9] Here in CRP, a halfway hostel aims to prepare the patient, and practice for community reintegration. [10]

In CRP, the SCI rehabilitation procedure is divided into four (4) stages, acute stages, stabilization, Rehabilitation, and community re-integration stage. [11] While the rehabilitation phase is completed patients are discharged from the ward and sent to the half hostel for engaging in community re-integration activities. [11] The specialty of the halfway hostel, the environment is similar to the client's home situation, patients undergo a two weeks Programme in the halfway transit hostel. [12] The accommodated halfway hostel is

modeled on a traditional Bangladesh house. The purpose of the halfway hostel is to build the confidence of the SCI person and their family members. So that when they are at home, they can manage themselves without the support of professionals.

The main philosophy of the halfway hostel of CRP is re-integrate the clients with the community after the indoor phase of treatment of the SCI unit in CRP. [13] Community re-integration program enhances the quality of life for people with physical disabilities by providing transitional therapeutic service that enabled hospitalized and other individuals with disabilities to attain independent functioning in their home community. So the researcher wanted to find out the client's ideas, needs, expectations, opinions, and recommendations towards the halfway hostel of CRP. However as the halfway hostel setting was a new era in Bangladesh, its development of it might be possible by considering the suggestion or recommendations of the clients. Thus it will be remarkable to express the client's views for further meaningful halfway hostel to the further clients.

Materials and Methods

A semi-structured questionnaire, face-to-face interview, and qualitative research approach were selected to explore the client's views towards the halfway hostel. The study aimed to explore clients' views towards the halfway hostel after completing the indoor phase treatment of the SCI unit in CRP. This research design was particularly appropriate to obtain a great deal of useful detailed information, perform in-depth data analysis, and possibly produce an individual client's views towards a halfway hostel after completing indoor phase treatment of the SCI unit in CRP. Inclusion criteria were The person who was complete indoor phase treatment of SCI unit in CRP (both complete and incomplete), aged between 15-40 years, the person who has normal trunk balance (essential for face-to-face interviews, a common habit), the person who can communicate verbally with the interviewer. Exclusion criteria were the person with a cognitive disorder and people who were on the first day at a halfway hostel. (One day is not enough to comment on anything). A convenient sampling method was applied to select participants for the interview. Only 10 participants were selected to conduct this study. Out of 10 participants, 8 (eight) were male and 2 (two) were female (due to fewer available female wards in CRP). Content analysis was used for data analysis. Researchers had approval from the Institutional Review Board (IRB) of Bangladesh Health Professions Institute (BHPI) and the Centre for the Rehabilitation of the Paralyzed (CRP) authority for data collection. All participants were given the concern to participate in this study.

Result and Discussion

The result and discussion of this study were carried out at the same time and presented together. All the interviews and transcripts were read several times to discover the theme. According to the theme the discussion was carried out. Among the ten (ten) participants eight (8) were male and two (2) were female. As male patients were more available than female patients. male and female patient ratio = 8:2. the researcher selected a sample from the halfway hostel of CRP who was complete indoor phase treatment of the SCI unit in CRP. The findings of this research project are displayed below eight general themes that emerged from the

interview conducted upon which the discussions were carried out.

- The treatment took at CRP indoors.
- Duration of staying at the halfway hostel.
- Expectations on the treatment facilities of the halfway hostel
- The treatment took at the halfway hostel.
- Importance of halfway hostel to reintegrate back into the community.
- Overall idea about the halfway hostel.
- Differentiation between indoor and halfway hostel facilities
- The client suggests about halfway hostel.

Discussion according to themes

The entire participants were asked to know about what type of treatment is taken at the SCI unit of CRP (in the indoor phase). They gave different types of responses. These are given below in table-1.

Table1: The treatment taken at CRP

Code	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	Total
Surgery		✓			✓		✓		✓	✓	05
Physiotherapy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
Occupational Therapy	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
Medicine	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
Nursing	✓	✓	✓		✓	✓	✓		✓	✓	8
Traction	✓	✓			✓		✓		✓	✓	6
Sports	✓		✓				✓	✓	✓	✓	6

The table represents that the entire participant had taken physiotherapy, occupational therapy also medicine regularly. Besides this, some participants had also taken, traction, surgery, and sports as well as.

One participant said, "I have taken medicine, traction therapy (both occupational therapy and physiotherapy), nursing surgery, and as well as a sport during my stay in the SCI unit of CRP (indoor phase)." Another participant said, "At first I was on bed rest. Then I got medicine, therapy (both physiotherapy and occupational therapy), nursing as well as sports in the evening sessions in an indoor setting".

All participants get all kinds of treatment facilities during their admission into the SCI unit of CRP including traction surgery, medicine, therapy (both physiotherapy and occupational therapy, nursing sports, and as well as counseling (if necessary).

One participant said, "In the indoors, the therapist gives me therapy, the nurse supplied me, with medicine dressing, bowel, and bladder training and the ward assistant helps me to lift transferring, side change, and cleaning".

SCI unit of CRP consists of a doctor, therapist nurse, counselor, and ward assistant who were always keen to help the client as their need. So, in the indoor phase (SCI Unit) the clients always depend on their indoor staff of CRP to accomplish the daily task during their stay in the indoor (ward) setting. The staff of CRP is responsible for delivering better performance to the patient.

Literature also supports that the professional manner represented a collection of perceived skills that inspired confidence. [14] Indoors, the client whatever treatment they

get is a total concern of all staff of the SCI unit of CRP which is called a multi-disciplinary team, this aim is to improve the client's functional status. For this reason, they are well known about the type of treatment, duration, and which one benefited in particular client for his better improvement. All of the indoor staff did neglect anyone who was admitted into the indoor and they treated everybody in an equal way.

The entire participants were asked to know about the duration of staying at the halfway hostel of CRP. They gave various types of responses. These responses are given in table-2.

Table 2: Duration of stay at halfway hostel

Duration	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	Total
14 days							✓		✓		02
10 days	✓	✓									02
7 days					✓		✓			✓	03
6 days			✓		✓						02
3 days				✓							01

This table displays that out of ten participants three mentioned that the duration of staying was seven days, two participants mentioned that their duration of staying at the hostel was 14 days, two participants stated that their duration of staying at the hostel was 10 days, two participants mentioned their duration of staying at the hostel was 6 days, finally, one person said that his duration of staying at halfway hostel was 3 days.

One participant said, "I am dwelling in the halfway hostel for 14 days. Within these days I have learned how I will manage myself at home by practicing a hostel-oriented Programme". Another participant said, "I am going to go to my house after 2 days (two). I nearly complete the halfway hostel Programme which is essential for every client who finished the indoor phase treatment".

Here it is clear that a man who lives in a place for a long time can only express his particular ideas about it. As a result, nearly half the participants were staying at the halfway hostel for 7-10 days (seven-ten days) as this time is the middle period of the halfway hostel program for the clients who finished the indoor phase treatment of CRP, their comments on it were likely similar all of them said that they were trying to cope with the realities of their unwanted situation within these days.

It gives the idea that they (clients) still continuing their halfway hostel activities. They were not able to express their total thinking about the halfway hostel. On the other hand, one participant said "I have just come to the halfway hostel three days ago (3 days), so I am facing so hazards with leading my daily living activities in the halfway hostel because I have got all my necessary facilities easily indoors but here every client are encouraged to perform his doings independently. It is seeming to be quite hard to me".

This comment tells that as the client was newly entered into the halfway hostel, he was not fully aware of it, which suggested that a short time is not appropriate to discover a new item properly. The duration is a vital factor to consider

a thing to find out it in different views. So, there would be of course comparison between a view of a long period of time and a view of a short period of time.

All participants were asked to know about their expectations of the treatment facilities of the halfway. The entire participant gave various responses, these Responses are in table-3.

Table 3: Expectations on the treatment facilities of the halfway hostel

Codes	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	Total
ADL Maintain	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
Learning therapy procedure	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
Walking independently	✓			✓		✓					3
Physically progress more						✓		✓			2
Return to the previous job				✓	✓	✓	✓		✓		5
Functional independence	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10

This table displays ten participants' expectations were ADL maintenance, learning therapy procedures from the hostel therapist, and the improvement of function in dependency. Besides these, some of the participants' expectation of the halfway hostel was walking independently physically progressing more, and returning to their previous job.

One participant said, "My expectation towards the halfway hostel is ADL (self-care, leisure, productive) learning, therapy from a therapist, and improvement of functional independence. So that these facilities help me to adapt my self-infector at home". Another participant said that as the hostel was a new place for him, he hoped several important items to learn from the halfway hostel in clued ADL training /maintaining, learning therapy procedures from a therapist, and finally functional independence".

These statements reported that the halfway hostel is an ideal place where a client who is included in the halfway hostel program, expects to make him as independent as possible in the future by engaging in particular hostel-related training. Some of the participants said was same they said: "Their expectation is to go back to their previous job by accomplishing their training period of the halfway hostel. So that they would not be a burden in their family as well as in the society".

When a person with a disability cannot return to his previous life job, he may lose confidence in himself. Draw from society and fully deepened on the family for their survival. [15] For this purpose, the halfway hostel always are encouraged the client's to prepare for their previous job or the community. Whenever anyone becomes hopeless she/ he seeks something to survive. The clients who were staying at the halfway hostel had looked at their future willing inside the halfway program. Another participant illustrated that his expectation was nothing but physical progress by maintaining physical demands authorized by the therapist. On the other hand, one participant said "I wish I would be able to walk without difficulties. For this, I think if the therapist encouraged me to walk more it would be beneficial for me. This is my expectation"

No one can live without expectations in life. So, everyone keeps hope in mind so that he cannot track out from the pathway of life. In the case of clients of the halfway hostel, these laws are also applicable as a result of all the clients of the halfway hostel expectation flight around the halfway hostel.

All the participants were asked to know about the facilities of the Halfway Hostel, which CRP offers to the clients. They gave various responses. These are as below in table-4.

Table 4: Perception of treatment facilities of the halfway hostel

Codes	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	Total
Treatment was very good			✓			✓	✓		✓		4
Treatment was good	✓	✓						✓		✓	4
Treatment was fair				✓							1
Treatment wasn't bad					✓						1

This table represents those four participants who mentioned that the treatment at the halfway hostel was very good. The other four participants reported that the treatment at the halfway hostel was good. One participant said that the treatment was fair, and another one that the treatment at the halfway hostel was not bad.

One participant said *"The treatment facilities halfway are exceptional from other settings in Bangladesh. I think the rules and regulations are different and its management also appreciates them. Another participant narrated that the facilities of the halfway hostel are very good because the main aim of the halfway hostel is to make a client more self-reliant on his abilities"*.

From the most, both of these comments suggested that most of the clients were badly satisfied with the treatment facilities of the halfway hostel due to high quality and advancement thereby for the welfare of the clients. One participant said *"I have learned a lot of essential things from the halfway hostel which was valuable to me because I was anxious due to how can I passed the rest of my life while I was in indoors. Of that learning, I have now confidence in my future life. So I think the treatment facilities of the halfway hostel are good. Another participant narrated that therapy treatment and rules and regulations maintained at the halfway hostel are found nowhere and also its management system is fair"*.

These comments basis participants gave positive comments on the facilities of the halfway hostel of the CRP. A possible result might be that its exceptional treatment facilities, the rule and regulation, and the standards of therapy treatment have helped with the client's improvement.^[16] Literature also supports that people with spinal cord lesions do not receive adequate medical and support services in government and other hospitals.^[17]

On the other hand, one participant said *"The treatment facilities of the halfway hostel are not bad at all. Although I have just come into the halfway hostel that is why I can't understand the whole treatment facilities of the halfway hostel yet"*. According to his voice, it seems that a short period is not sufficient to understand its nature as well as this is not appropriate to say something lucidly (clearly understand). So, everyone's view might be ups and down

according to their uses of particular it within the treatment of time.

The halfway hostel program enhances the quality of life for people with physical disabilities by providing transition therapeutic service that enables individuals with disabilities to attain independent functioning in their home communities. The halfway hostel of CRP always supports and advises to build confidence in self-care and daily living skills. The halfway hostel of CRP is also concerned with post-discharge accommodation; employment for ensuring integration into the community. Literature mentioned that "persons who complete rehabilitation is almost always 94.75% discharged to private homes within the community."^[18]

All the participants were asked to know their opinion about the importance of a halfway hostel to re-integrate into the community in the future. The entire participant gave various responses. These responses are given below in table-5

Table 5: Importance of halfway hostel to re-integrate into the community

Codes	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	Total
Very important			✓	✓	✓		✓	✓		✓	6
Important	✓	✓				✓			✓		4
Less important											0
No comments											0

This table gives an insight that out of ten (ten) participant six (6) have given their clear opinions that the halfway hostel of CRP was very important to re-integrate into the community in the future. And other hands out of ten (10) participants have mentioned that the halfway hostel of CRP was important to reintegrate into the community.

One participant said *"In the hostel, it is one's need to do her work independently, which is more effective in her future life. If I don't take care of myself, none of them could help me always in my home next time. At that time, lots of necessary things (including self-care, cooking, and other domestic) had to do at my home, as a result, I strongly agree with the importance of the community"*. Another participant said *"The education of the halfway hostel of CRP helps to re-integrate into the community. None of us can help a disabled person all the time in his community. So, it is necessary to do his self-care activities himself as a disabled person can lead his life independently"*. According to these comments that the halfway hostel provides some training, which makes the clients independent as much as possible. The situation of the hostel seems to the similar to that of home. The halfway hostel authority always makes a plan for how a client re-integrates into the community.

Another participant said, *"I think I taught from the halfway hostel which takes part as assistive in my family and community. The environment is ideal to prepare them to go back to the community also living, leading, and practicing in the congenial halfway hostel. I think the halfway hostel is also similar to my home"*. The literature also supports this comment "The aim and philosophy of the halfway transit hostel setup are to create an environment similar to the client's home situation".^[13]

According to comments, it seems that a halfway hostel environment is appropriate to prepare them to go back to the community without adequate community support life can be very difficult and the individual becomes discouraged. Social

integration depends on the support of other people in the community (Momin, 2001) [18]. That is why the halfway hostel authority tries to prepare the client to back to the community by encouraging performing individual necessary activities. The halfway hostel always keeps similar to the home setting of the clients. The literature suggests that in a halfway transit hostel, the clients will live in a simulated home environment, that is, as near to the home situation as possible. [13]

One participant gave a confident opinion of the halfway hostel. He said "I think the hostel is compulsory for every client who completed the indoor phase treatment in CRP. Because the halfway hostel is envoys to prepare everyone to back to the community for their reintegration again". Here every client was endorsed to do his activities himself, thus he can be more independent in the future. So now the necessity of the halfway hostel comes forward. CRP has upgraded and developed the work on this halfway hostel to more adequately prepare spinal cord injured clients for return to the community. [17]

The halfway hostel of CRP offers training in various skills which were vitally important for every client for their re-integrate into the community and those skills they practice in the model community in the halfway hostel take help if required. One participant said, "Yes, it is necessary to join the halfway hostel in CRP after completing the indoor phase treatment of the SCI unit of CRP. Because the hostel is dealing with the client's daily living to identify his identities".

The halfway hostel is modeled on a traditional Bangladeshi house. Here everybody can stay at their home. The halfway hostel provides some assertive training for the client which makes them more independent in the person with the home they can manage themselves without support from professionals. [19] The halfway hostel concerned persons always try to teach every client essential things to client's in time (during a 14-day stay).

The entire participant asked to know the overall idea of the halfway hostel setting. They gave various responses. They are given below in table-6.

Table 6: Overall idea about the halfway hostel setting

Codes	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	Total
The halfway hostel setting was very good	✓	✓		✓	✓		✓			✓	6
The halfway hostel setting was good			✓			✓		✓			3
The halfway hostel setting was not bad								✓			1

From the outcome, it was discovered that the majority of the participants were mostly pleased with the overall halfway hostel setting in CRP. This table gives a representation of the participant's overall idea about the halfway hostel of CRP. Out of ten participants, six stated that the halfway hostel setting was very good.

One participant said "My overall idea about the halfway hostel is very good because the rules and regulations of the treatment facilities are nice. And the advice of halfway hostel and therapy procedure for the future life towards the clients are also appreciating". Another participant said, "My

overall idea about the halfway hostel is good one, I think the hostel management is exceptional from another setting in Bangladesh. Its persisting environment is well enough as well as the therapist and other staff of the halfway hostel are nice".

The environment of a halfway hostel is an ideal environment to prepare one client to go back to the community. One participant said that "the overall setting of the halfway hostel is ideal because its environment is clients centered. The literature also supported this comment" The aim and philosophy of the halfway hostel setup are to create an environment similar to the client's home situation". [13]

One participant said, "My overall idea about the halfway hostel is good and it seems to me that the situation of the halfway hostel is similar to that of home". The literature suggests that in the halfway transit hostel, the clients will live in a simulated home environment, that is, as near to the home situation as possible. [13]

One participant said "I am very satisfied with the hostel because there has enough chance to participate in recreational activities such as watching TV, hearing Radio, some indoor games which makes me enjoy and encourages me to do my daily living activities "Another participant also said "I don't feel bore at staying at the halfway hostel because here I am not only like treating as a ward but also taking a different type of refreshment task with others. So my overall idea about the halfway hostel is fantastic".

These suggested that refreshment is necessary while treating the clients in a halfway hostel. Besides the rules and regulations, environmental factors, and treatment facilities also play a vital role to express a client's view toward the halfway hostel.

All of the participants ask to know about the differentiation between the indoor and the halfway hostel. They gave various responses. These are given in table-7

Table 7: Differentiations between the indoor and the halfway hostel

Codes	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	Total
Treatment procedure difference	✓	✓	✓	✓		✓	✓	✓	✓	✓	9
Environmental difference	✓	✓	✓	✓		✓	✓	✓	✓	✓	9
Self-care difference	✓	✓	✓	✓		✓	✓	✓	✓	✓	9
Duration of staying difference	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
Recreational difference	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
No comments						✓					1

This table displays those maximum participants' responses that the hostel setting of CRP is different from the indoor setting of CRP in these point treatment procedure difference, environment difference self-care management difference, duration of staying at the halfway hostel difference, and recreation difference.

One participant said, "The main difference between indoor and hostel indoors consists of doctors, therapists, nurses, and provided medicine. Those are based on increasing one's physical strength which is essential for his mobility". But the halfway hostel works with the client's ADL domestic activities, productive activities, and leisure, after getting an

injury. Based on making one life more independent into his life. Another participant made the main difference environmentally. He said that *"each word consists of eight to ten (8- 10) people whereas in the hostel it is two to four (2-4) people in each room. He also illustrated that the environment of the halfway hostel allows more space for mobility rather than a ward"*.

According to the above comments, it clearly focused that in the case of treatment episodes and environmental factors, the main aim of the indoor setting was to improve the client's physical state whereas the halfway hostel treatment episode and the whole environment of the halfway hostel were too formal to go back his into the community again.

One participant said, *"I have got help from the ward assistant to perform my daily living activities whereas in the hostel I am encouraged to do my daily living activities including eating, bathing, pressure care, lifting, transferring, and toileting myself."* Another participant said *"In the hostel, there are some recreational facilities including watching TV, listening radio, playing indoor games, and sometimes participating in cultural programs. But indoors there were no recreational things except the newspaper reading"*.

From the above comments, it seems that all clients have gotten help from the indoor setting (ward) Because there is a lot of clients staying on bed rest or with traction position that why every ward assistant and carer provides assistance to every client as their needs. During this time comprehensive medical intervention, physical rehabilitation, and support are provided.^[17] But after finishing the indoor phase of treatment all clients are nearly able to do their activities themselves, and the user is encouraged to look after themselves and maintain their activities of daily activities without support.^[17]

CRP sometimes arranges the cultural program for the clients/patients because CRP believes that the concept of leisure (recreation) is part of the triune of human occupation performance (self-care, work, leisure).^[20] Due to clients' psychological adjustment to the treatment procedure is an important long-term goal for the entire treatment goal which makes clients more independent.^[21] One participant said *"I am not still able to make any difference between the indoor and the halfway hostel because I have just passed only three days in the halfway hostel. I think this time is too short to comment on one place"*.

Finally, it can focus that the whole facility of the indoor is an institutional-based treatment where every client can get any help whereas the halfway hostel is always as a home-based program where all clients are encouraged to do their all-essential activities by themselves.

All the participants were asked to know about their suggestions. From the upshot was found that clients provide a wide variety of suggestions, which will beneficial for the next clients of the halfway hostel. They delivered various suggestions. These are given below in table-8

Table 8: Client's suggestion for a meaningful of a halfway hostel

Codes	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	Total
Increasing the duration of staying at a halfway hostel	✓							✓		✓	3
Providing newspaper			✓				✓		✓		3
The pathway should be concrete made										✓	1
Keep the rules and regulations the same		✓	✓	✓		✓	✓	✓	✓		7
Environmental must be continuing as now			✓					✓	✓	✓	4
Visit outside of CRP			✓						✓		2
No comments					✓						1

This table displays that out of ten (10) participants, seven have expressed their suggestion about keeping the rules and regulations of the halfway hostel the same for the always, four suggest continuing the present environment of the halfway hostel for incoming clients, three commented on the increasing the duration of staying at the hostel, Three suggested to provide newspaper hostel two suggested that the visit arrangement for the clients outside of the CRP.

One participant said *"It will be better if the rules and regulations of the halfway hostel remain forever because if the rules and regulations become change day after day, there will be a chance to hamper the hostel management, so I think it should be kept for clients' benefit."* Another participant said that *the environment was very perfect for us because all of the concerned person's attitudes toward the hostel towards us were cordial. Besides the physical environment of the halfway hostel being the same as home, the two types of light (one electrical lamp) supply. Cooking facilities and a small plot of the vegetable garden were really impressive, so I think the environment is good enough"*.

According to these comments, it seems that all rules and regulations and the environment of the halfway hostel were suitably developed for the client. As CRP is a well-organized organization it is very common that its every activity should be in favor of clients. Literature mentioned, *"The halfway house is modeled on a traditional Bangladeshi "Bari" (house), there is electricity supply, and oil lamps are used for lighting the room."*^[17] The attitude of the concerned person of the hostel is impressive, literature mentioned that attitude of is a very important element in every case to motivate the clients easily.^[16]

On the other side, two participants said that *"it will be better to arrange a visit for us outside of CRP. Because staying a few months in the same environment in CRP could make boredom to us"*. Another participant said, *"If the pathway around the hostel is concreted then it will be good for my mobility because I am too weak to propel the wheelchair with this brick build pathway"*.

According To this comment, it can be said that boredom can forward to facing some kind of procedure every day of the week, CRP occasionally arranges some programs for clients outside of CRP Including rallies, picnics, and participating in different cultural programs.^[10] The pathway around the halfway hostel is now built in brick on behalf of major people who live in the village because the majority village pathway was muddy or brick built made. It should be better

in there will be another alternative concrete-made pathway for those who are too weak to propel wheelchairs on the muddy brick build road.

Conclusion

All the clients have the right to express their views both in the process and the outcome of an episode of treatment. CRP is the only organization, which specialized in treating SCI patients by providing community reintegration protocols for every patient who has finished treatment of the indoor phase of the SCI unit in CRP. However as the halfway hostel setting is a new era in Bangladesh, its development of it may be possible by considering the suggestion or recommendations of the clients. Thus it will be remarkable to express clients' views for further meaningful halfway hostel to the further clients.

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